



MONDAY	FEB 03	TUESDAY	FEB 04	WEDNESDAY	FEB 05	THURSDAY	FEB 06	FRIDAY	FEB 07	SATURDAY	FEB 08	SUNDAY	FEB 09
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BREAKFAST

Corn Flakes	Cinnamon Oatmeal	Rice Crispy Cereal	Cream of Wheat	Raisin Bran Cereal	Corn Flakes	Cheerios
Scrambled Egg	Veggie Omelet	Belgian Waffles	Fried Egg	Egg & Sausage Bake	Scrambled Egg	Fried Egg
Turkey Sausage Patty	Fresh Orange Wedges	Bacon Strips	Breakfast Ham	Chilled Apple Slices	Sausage Patty	Bacon Strips
Banana Half	Dry Wheat Toast	Fresh Grapes	Banana Half	Cinnamon Toast	Chilled Pears	Fresh Grapes
Toasted Bagel			Cinnamon Roll			Dry Wheat Toast

LUNCH

Saltine Crackers	Lentil Soup	Chili Soup	Cabbage Soup	Beef Lasagna Soup	Tomato Basil Soup	Potato Leek Soup
Vegetable Soup	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers
Pepperoni Pizza	Italian Beef Sandwich	Carnitas	Beef-a-roni	Chicken Caesar Wrap	Grilled Cheese & Tomato Sandwich	Crab Cakes
Mixed Green Salad	Plain Potato Chips	Spanish Rice	Zucchini with Oregano	Potato Salad	Roasted Sweet Potato Rounds	Rice Pilaf
Spiced Peaches	Creamy Coleslaw	Peppers & Onions	Garlic Breadstick	Pickled Beets	Marinated Cucumbers	Cauliflower & Red Pepper
	Caramel Apple Slices	Fruited Gelatin	Sugar Cookies	Ambrosia	Chilled Mandarin Oranges	Wheat Dinner Roll

DINNER

Lemon Glazed Chicken	BBQ Pork Ribs	Swedish Meatballs	Potato Crusted Fish	Country Fried Steak	Chicken Chardonnay	Scrambled Egg
Herbed Potatoes	Macaroni & Cheese	Parslied Noodles	Rice Pilaf	Country Gravy	Herb Seasoned Orzo Pasta	Sausage Gravy
Scandinavian Blend Vegetables	Zesty Spinach with Peppers	Balsamic Brussels Sprouts	Savory Carrots	Mashed Potatoes	Sicilian Blend Vegetables	Buttermilk Biscuit
Wheat Roll	Cornbread	Wheat Dinner Roll	Wheat Roll	Seasoned Green Beans	Wheat Dinner Roll	Fresh Orange Wedges
Frosted Spice Cake	Lemon Pecan Bar	Chocolate Cream Pie	Cran Apple Crisp	Wheat Dinner Roll	Blonde Chocolate Chip Brownie	Yogurt with Bananas
				Pumpkin Cookies		



MONDAY	FEB 10	TUESDAY	FEB 11	WEDNESDAY	FEB 12	THURSDAY	FEB 13	FRIDAY	FEB 14	SATURDAY	FEB 15	SUNDAY	FEB 16
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BREAKFAST

Cream of Wheat	Raisin Bran Cereal	Cinnamon Oatmeal	Rice Crispy Cereal	Raisin Cream of Wheat	Corn Flakes	Oatmeal
Cinnamon French Toast	Pepper & Onion Omelet	Scrambled Egg & Cheese	Egg & Ham Bake Banana Half	Pancakes	Fried Egg on Wheat	Scrambled Egg
Turkey Sausage Patty	Banana Half	Home Fries	Biscuit	Bacon Strips	Bacon Strips	Sausage Links
Chilled Fruit Cocktail	Dry Wheat Toast	Fresh Grapes		Chilled Peaches	Fresh Grapes	Fresh Orange Wedges
		Dry Wheat Toast				Cake Donut

LUNCH

Vegetable Soup	Cheese Soup	Beef Noodle Soup	Corn Chowder	Minestrone Soup	Chicken Noodle Soup	Cream of Potato Soup
Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers
BBQ Riblette	Cheeseburger	Chicken Salad/Pita Plate	Turkey Wrap	Sloppy Joe on Bun	Ham Salad on Croissant	Tuna Salad Sndw on Wheat
Sweet Potato Fries	Lettuce Tomato Onion	Seasonal Fresh Fruit	Creamy Pasta Salad	Tator Tots	Macaroni Salad	Plain Potato Chips
Sweet & Sour Coleslaw	French Fried Potatoes	Celery Sticks	Cucumber Dill Salad	Spinach Orange Salad with Dressing	Chickpea Salad	Italian Beets
Peaches in Orange Sauce	Pea & Onion Salad	Scalloped Apples	24 Hour Fruit Salad	Ice Cream Sundae	Cranberry Pineapple Gelatin	Chocolate Chip Cookies
	Cinnamon Pears					

DINNER

Cheesy Baked Ziti	Sweet & Sour Pork	Lemon Pepper Cod	Beef Burgundy	Herb Roasted Turkey	Beef Enchiladas	Waffle & Berries
Green and Gold Beans	Fluffy Rice	Potato Pancake	Mashed Potatoes	Parslied Potatoes	Spanish Rice	Bacon Strips
Wheat Dinner Roll	Asian Vegetables	Baby Lima Beans	Maple Dijon Brussels Sprouts	Baked Winter Squash	Mixed Vegetables	Banana
Pear Crisp	Vegetable Egg Roll	Wheat Dinner Roll	Hawaiian Roll	Wheat Dinner Roll	Wheat Dinner Roll	Wheat Dinner Roll
	Chocolate Mousse	Frosted Carrot Cake	Frosted Pumpkin Bar	Pumpkin Pie	Traditional Churro	Marbled Brownies
					Chocolate Glaze	



MONDAY	FEB 17	TUESDAY	FEB 18	WEDNESDAY	FEB 19	THURSDAY	FEB 20	FRIDAY	FEB 21	SATURDAY	FEB 22	SUNDAY	FEB 23
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BREAKFAST

Cheerios	Apple Oatmeal	Raisin Bran Cereal	Cream of Wheat	Rice Crispy Cereal	Oatmeal	Corn Flakes
Western Omelet	Pancakes	Fried Egg	Scrambled Egg & Cheese	French Toast	Scrambled Egg	Hard Boiled Egg
Banana Half	Bacon Strips	Hash Browns	Chilled Apple Slices	Sausage Patty	Sausage Links	Chilled Apple Slices
Blueberry Muffin	Fresh Grapes	Fresh Orange Wedges	Cheese Danish	Fresh Grapes	Banana Half	Toasted Bagel
		Dry Wheat Toast			Apple Fritter Donut	

LUNCH

New England Clam Chowder	Chili Soup	Creamy Tomato Soup	Beef Vegetable Soup	Cream of Chicken Soup	Roasted Red Pepper Soup	Lentil & Ham Soup
Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers
Turkey Burger	Shrimp Salad	Grilled Cheese on Wheat	Turkey & Dressing Casserole	Roast Beef on Wheat	Salmon Burger	Cheese & Vegetable Pizza
Sweet Potato Fries	Tortilla Chips	Plain Potato Chips	Green Beans Almondine	Macaroni Salad	Tator Tots	Lettuce Tomato w/Ranch Dressing
Hawaiian Coleslaw	Corn & Black Bean Salad	Green Beans Almondine	Pears with Vanilla Sauce	Three Bean Salad	Squash Medley	Peachy Gelatin
Fruit Cocktail in Whip Topping	Chilled Apricots	Blushing Pineapple		Hot Spiced Apples	Snickerdoodle Cookies	

DINNER

Swiss Steak	Apricot Glazed Pork Loin	Beef Hungarian Goulash	Parmesan Crusted Tilapia	Meatloaf & Gravy	Chicken Supreme	Sausage Gravy
Mashed Potatoes	Scalloped Potatoes	Macaroni Pasta with Parsley	Lemon Rice Pilaf	Mashed Potatoes	Brown Rice Pilaf	Scrambled Egg
Peas & Carrots	Curried Cauliflower	Steamed Beets	Steamed Corn	Seasoned Broccoli Florets	Scandinavian Blend Vegetables	Biscuit
Garlic Breadstick	Wheat Dinner Roll	Wheat Dinner Roll	Focaccia Herb Roll	Wheat Dinner Roll	Wheat Dinner Roll	Cranberry Oatmeal Bar
Pumpkin Pecan Cheesecake Bar	Banana Cream Pie	Sweet Potato Pie	Macaroon Cookies	Vanilla On Chocolate Cake	CranApple Cobbler	



MONDAY	FEB 24	TUESDAY	FEB 25	WEDNESDAY	FEB 26	THURSDAY	FEB 27	FRIDAY	FEB 28	SATURDAY	MAR 01	SUNDAY	MAR 02
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BREAKFAST

Oatmeal w/Raisins	Raisin Bran Cereal	Cream of Wheat with Blueberries	Corn Flakes	Cinnamon Oatmeal	Rice Crispy Cereal	Cream of Wheat
Country Omelet	Turkey Sausage Patty	Egg & Sausage Bake	Fried Egg	Scrambled Egg	Cinnamon Streusel Coffeecake	Scrambled Egg
Fresh Grapes	Fresh Orange Wedges	Banana Half	Chilled Pears	Chilled Apple Slices	Fresh Orange Wedges	Breakfast Ham
Dry Wheat Toast	English Muffin	Dry Wheat Toast	Banana Bran Muffin	Dry Wheat Toast		Banana Half
						English Muffin

LUNCH

Three Bean Soup	Baked Potato Soup	Corn Chowder	Hamburger Soup	Chicken Tortilla Soup	Pasta Fagioli Soup	Meatball Soup
Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers
Chicken & Dumplings	Mushroom Swiss Burger	Fish & Chips	Grilled Swiss Cheese Sandwich	Beef Soft Taco	Egg Salad on Croissant	Tuna Mac Casserole
Parmesan Lima Beans	Plain Potato Chips	Steak Fries	Creamy Pasta Salad	Spanish Rice	Plain Potato Chips	Wax Beans & Red Peppers
Wheat Dinner Roll	Beet & Onion Salad	Apple Coleslaw	Celery Sticks	Mixed Vegetables	Corn Salad	Wheat Dinner Roll
Caramel Apple Slices	Peach Pinwheel	Hawaiian Roll	Ranch Dressing	Glazed Bananas	Crispy Rice Bar	Oatmeal Raisin Cookie
		Applesauce Cookies	Fresh Fruit Salad			

DINNER

Popcorn Shrimp	Roasted Greek Chicken	Beef Pot Roast	Southern Fried Chicken	Spaghetti & Meatballs	Breaded Pork Chop	Pancakes
French Fried Potatoes	Mediterranean Orzo	Boiled Potatoes	Chicken	Macaroni & Cheese	Pepper Medley	Bacon Strips
Sweet Dilled Peas	Seasoned Broccoli Florets	Sliced Dilled Carrots	Mashed Potatoes & Poultry Gravy	Asparagus Almondine	Cornbread	Mandarin Oranges
Wheat Dinner Roll	Wheat Dinner Roll	Wheat Dinner Roll	Green Beans	Garlic Bread	Peanut Butter Pie	Strawberry Cheesecake
Vanilla Ice Cream	Wheat Dinner Roll	Coconut Cream Pie	Oregano	Bread Pudding		
	Pudding Parfait		Focaccia Herb Roll			
			Pineapple Upside-down Cake			