



MONDAY	MAR 17	TUESDAY	MAR 18	WEDNESDAY	MAR 19	THURSDAY	MAR 20	FRIDAY	MAR 21	SATURDAY	MAR 22	SUNDAY	MAR 23
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**BREAKFAST**

Scrambled Egg	Veggie Omelet	Belgian Waffles	Fried Egg	Egg & Sausage Bake	Scrambled Egg	Fried Egg
Turkey Sausage Patty	Fresh Orange Wedges	Bacon Strips	Breakfast Ham	Chilled Apple Slices	Sausage Patty	Bacon Strips
Banana Half	Dry Wheat Toast	Fresh Grapes	Banana Half	Cinnamon Toast	Chilled Pears	Fresh Grapes
Toasted Bagel			Cinnamon Roll			Dry Wheat Toast

**LUNCH**

Saltine Crackers	Lentil Soup	Chili Soup	Cabbage Soup	Beef Lasagna Soup	Tomato Basil Soup	Potato Leek Soup
Vegetable Soup	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers
Pepperoni Pizza	Italian Beef Sandwich	Carnitas	Beef-a-roni	Chicken Caesar Wrap	Grilled Cheese & Tomato Sandwich	Crab Cakes
Mixed Green Salad	Plain Potato Chips	Spanish Rice	Zucchini with Oregano	Potato Salad	Roasted Sweet Potato Rounds	Rice Pilaf
Spiced Peaches	Creamy Coleslaw	Peppers & Onions	Garlic Breadstick	Pickled Beets	Marinated Cucumbers	Cauliflower & Red Pepper
	Caramel Apple Slices	Fruited Gelatin	Sugar Cookies	Ambrosia	Chilled Mandarin Oranges	Wheat Dinner Roll

**DINNER**

Lemon Glazed Chicken	BBQ Pork Ribs	Swedish Meatballs	Potato Crusted Fish	Country Fried Steak	Chicken Chardonnay	Scrambled Egg
Herbed Potatoes	Macaroni & Cheese	Parslied Noodles	Rice Pilaf	Country Gravy	Herb Seasoned Orzo Pasta	Sausage Gravy
Scandinavian Blend Vegetables	Zesty Spinach with Peppers	Balsamic Brussels Sprouts	Savory Carrots	Mashed Potatoes	Sicilian Blend Vegetables	Buttermilk Biscuit
Wheat Roll	Cornbread	Wheat Dinner Roll	Wheat Roll	Seasoned Green Beans	Wheat Dinner Roll	Fresh Orange Wedges
Frosted Spice Cake	Lemon Pecan Bar	Chocolate Cream Pie	Cran Apple Crisp	Wheat Dinner Roll	Blonde Chocolate Chip Brownie	Yogurt with Bananas
				Pumpkin Cookies		



MONDAY	MAR 24	TUESDAY	MAR 25	WEDNESDAY	MAR 26	THURSDAY	MAR 27	FRIDAY	MAR 28	SATURDAY	MAR 29	SUNDAY	MAR 30
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**BREAKFAST**

Cinnamon French Toast	Pepper & Onion Omelet	Scrambled Egg & Cheese	Egg & Ham Bake	Pancakes	Fried Egg on Wheat	Scrambled Egg
Turkey Sausage Patty	Banana Half	Home Fries	Banana Half	Bacon Strips	Bacon Strips	Sausage Links
Chilled Fruit Cocktail	Dry Wheat Toast	Fresh Grapes	Biscuit	Chilled Peaches	Fresh Grapes	Fresh Orange Wedges
		Dry Wheat Toast				Cake Donut

**LUNCH**

Vegetable Soup	Cheese Soup	Beef Noodle Soup	Corn Chowder	Minestrone Soup	Chicken Noodle Soup	Cream of Potato Soup
Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers
BBQ Riblette	Cheeseburger	Chicken Salad/Pita Plate	Turkey Wrap	Sloppy Joe on Bun	Ham Salad on Croissant	Tuna Salad Sndw on Wheat
Sweet Potato Fries	Lettuce Tomato Onion	Seasonal Fresh Fruit	Creamy Pasta Salad	Tator Tots	Macaroni Salad	Plain Potato Chips
Sweet & Sour Coleslaw	French Fried Potatoes	Celery Sticks	Cucumber Dill Salad	Spinach Orange Salad with Dressing	Chickpea Salad	Italian Beets
Peaches in Orange Sauce	Pea & Onion Salad	Scalloped Apples	24 Hour Fruit Salad	Ice Cream Sundae	Cranberry Pineapple Gelatin	Chocolate Chip Cookies
	Cinnamon Pears					

**DINNER**

Cheesy Baked Ziti	Sweet & Sour Pork	Lemon Pepper Cod	Beef Burgundy	Herb Roasted Turkey	Beef Enchiladas	Waffle & Berries
Green and Gold Beans	Fluffy Rice	Potato Pancake	Mashed Potatoes	Parslied Potatoes	Spanish Rice	Bacon Strips
Wheat Dinner Roll	Asian Vegetables	Baby Lima Beans	Maple Dijon Brussels Sprouts	Baked Winter Squash	Mixed Vegetables	Banana
Pear Crisp	Vegetable Egg Roll	Wheat Dinner Roll	Hawaiian Roll	Wheat Dinner Roll	Wheat Dinner Roll	Wheat Dinner Roll
	Chocolate Mousse	Frosted Carrot Cake	Frosted Pumpkin Bar	Pumpkin Pie	Traditional Churro	Marbled Brownies
					Chocolate Glaze	



MONDAY	MAR 03	TUESDAY	MAR 04	WEDNESDAY	MAR 05	THURSDAY	MAR 06	FRIDAY	MAR 07	SATURDAY	MAR 08	SUNDAY	MAR 09
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**BREAKFAST**

Apple Muffin	Pepper & Onion Omelet	Scrambled Egg & Cheese	Egg & Potato Breakfast Wrap	Sausage Gravy Biscuit	Fried Egg	Scrambled Egg
Turkey Sausage Patty	Banana Half	Home Fries	Banana Half		Bacon Strips	Fresh Orange Wedges
Fresh Orange Wedges	Dry Wheat Toast	Fresh Grapes			Fresh Grapes	Cinnamon Toast
		Dry Wheat Toast			Dry White Toast	

**LUNCH**

Vegetable Soup	Southwest Corn Soup	Lentil and Tomato Soup	Italian Wedding Soup	Potato Cheddar Soup	Beef & Cabbage Soup	Chicken Noodle Soup
Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers
BBQ Riblette	Cheeseburger	Saltine Crackers	Turkey Wrap	Sloppy Joe on Bun	Ham Salad on Croissant	Stuffed Bell Pepper
Garlic Parmesan French Fries	Dill Potato Salad	Ham & Swiss Melt	Creamy Pasta Salad	Tator Tots	Macaroni Salad	Italian Beets
Sweet & Sour Coleslaw	Green Goddess Salad w/Drsg	Plain Potato Chips	Carrot Sticks	Spinach Orange Salad with Dressing	Creamy Cucumbers	Wheat Dinner Roll
Wheat Dinner Roll	Cinnamon Pears	Celery Sticks	Ranch Dressing	Banana Cream Pie	Cranberry Pineapple Gelatin	Cranberry Peaches
Peaches in Orange Sauce		Ranch Dressing	Wheat Dinner Roll			
		Chocolate Ice Cream	24 Hour Fruit Salad			

**DINNER**

Beef Stroganoff	Sweet & Sour Pork	Lemon Pepper Cod	Beef Burgundy	BBQ Pork Ribs	Beef Enchiladas	Cinnamon Swirl
Seasoned Egg Noodles	Fluffy Rice	Rice Pilaf	Mashed Potatoes	Macaroni & Cheese	Spanish Rice	French Toast
Green and Gold Beans	Asian Vegetables	Cauliflower & Peas	Maple Dijon Brussels Sprouts	Seasoned Broccoli Florets	Mixed Vegetables	Bacon Strips
Wheat Dinner Roll	Vegetable Egg Roll	Wheat Dinner Roll	Hawaiian Roll	Cornbread	Traditional Churro	Banana
Pear Crisp	Chocolate Mousse	Frosted Carrot Cake	Frosted Pumpkin Bar	Blueberry Crumb Pie	Chocolate Glaze	Marbled Brownies



MONDAY	MAR 10	TUESDAY	MAR 11	WEDNESDAY	MAR 12	THURSDAY	MAR 13	FRIDAY	MAR 14	SATURDAY	MAR 15	SUNDAY	MAR 16
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**BREAKFAST**

Country Omelet	Egg Sausage Cheese Biscuit	Scrambled Egg & Ham	Egg & Sausage Bake	Scrambled Egg	Pancakes	Blueberry Muffin
Fresh Grapes			Chilled Pears	Bacon Strips	Bacon Strips	Breakfast Ham
Dry Wheat Toast	Fresh Orange Wedges	Home Fries Banana Half Dry Wheat Toast	Banana Bread	Chilled Apple Slices Dry Wheat Toast	Fresh Orange Wedges	Banana Half

**LUNCH**

Wild Rice Cream Soup	Baked Potato Soup	Chili Soup	Vegetable Soup	Broccoli Cheese Soup	Minestrone Soup	Cream of Chicken Soup
Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers
Chicken Tenders	Chicken Caesar Salad w/Dressing	Fried Shrimp	Chicken Sandwich	Reuben Sandwich	Grilled Ham & Cheese Sandwich	Beef & Cheese Deli Sandwich
Sweet Potato Waffle Fries	Parmesan Breadstick	Tator Tots	Plain Potato Chips	Waffle Fries	Plain Potato Chips	Lettuce Tomato Onion
Spinach Orange Salad with Dressing	Peach Pie	Hawaiian Coleslaw	Carrot & Celery Sticks	Broccoli Slaw	Three Bean Salad	Sweet Potato Fries
Wheat Dinner Roll		Hawaiian Roll	Ranch Dressing	Chocolate Cream Pie	Crispy Rice Bar	Spinach Salad
Caramel Apple Slices		Tropical Fruit Cup	Pecan Pie			Pear & Lime Gelatin

**DINNER**

Meatloaf & Gravy	Country Fried Steak	Chicken Noodle Casserole	Baked Glazed Ham	Herb Roasted Salmon	Cranberry Pork Loin	Sausage Gravy
Mashed Potatoes	Country Gravy	Peas & Onions	Roasted Maple Sweet Potatoes	Roasted Red Potatoes	Parslied Potatoes	Biscuit
Sweet Dilled Peas	Mashed Sweet Potatoes	Wheat Dinner Roll	Baked Winter Squash	Pacific Blend Vegetables	Seasoned Green Beans	Scrambled Egg
Wheat Dinner Roll	Seasoned Broccoli Florets	Apple Pie	Wheat Roll	Wheat Dinner Roll	Cornbread	Banana
Vanilla Ice Cream	Wheat Dinner Roll		Pineapple Upside-down Cake	Bread Pudding	Boston Cream Pie	Cherry Pie
	Pudding Parfait					