Wallick Senior Living Fall/ Winter - Week 3 Service for 03/31/2025



Diet: Regular / Texture: Regular

Always Available: Milk, Coffee, Juice, Tea.

MONDAY MAR	TUESDAY APR 01	WEDNESDAY APR 02	THURSDAY APR 03	FRIDAY APR 04	SATURDAY APR 05	SUNDAY APP 06
			BREAKFAST			
Cheerios	Apple Oatmeal	Raisin Bran Cereal	Cream of Wheat	Rice Crispy Cereal	Oatmeal	Corn Flakes
Western Omelet	Pancakes	Fried Egg	Scrambled Egg &	French Toast	Scrambled Egg	Hard Boiled Egg
Banana Half	Bacon Strips	Hash Browns	Cheese	Sausage Patty	Sausage Links	Chilled Apple Slice
Blueberry Muffin	Fresh Grapes	Fresh Orange	Chilled Apple Slices Cheese Danish	Fresh Grapes	Banana Half	Toasted Bagel
		Wedges			Apple Fritter Donut	
		Dry Wheat Toast				
			LUNCH			
New England Clam	Chili Soup	Creamy Tomato Soup	Beef Vegetable Soup	Cream of Chicken	Roasted Red Pepper	Lentil & Ham Soup
Chowder	Saltine Crackers	Saltine Crackers	Saltine Crackers	Soup		Saltine Crackers
Saltine Crackers	Shrimp Salad	Grilled Cheese on	Turkey & Dressing Casserole	Saltine Crackers	Saltine Crackers	Cheese & Vegetab
Turkey Burger	Croissant	Wheat		Roast Beef on Wheat	: Salmon Burger	Pizza
Sweet Potato Fries	Tortilla Chips	Plain Potato Chips	Green Beans	Macaroni Salad	Tator Tots	Lettuce Tomato
Hawaiian Coleslaw	Corn & Black Bean		Almondine	Three Bean Salad	Squash Medley	w/Ranch Dressing
Fruit Cocktail in Whip Topping	Salad	Almondine	Pears with Vanilla Sauce	Hot Spiced Apples	Snickerdoodle	Peachy Gelatin
	Chilled Apricots	Blushing Pineapple			Cookies	
			DINNER			
Swiss Steak	Apricot Glazed Pork	Beef Hungarian	Parmesan Crusted	Meatloaf & Gravy	Chicken Supreme	Sausage Gravy
Mashed Potatoes	Loin	Goulash	Tilapia	Mashed Potatoes	Brown Rice Pilaf	Scrambled Egg
Peas & Carrots	Scalloped Potatoes	_Macaroni Pasta with		Seasoned Broccoli	Scandinavian Blend	Biscuit
Garlic Breadstick	Curried Cauliflower	Parsley	Steamed Corn	Florets	Vegetables	Cranberry Oatme
Pumpkin Pecan	Wheat Dinner Roll	Steamed Beets	Focaccia Herb Roll	Wheat Dinner Roll	Wheat Dinner Roll	Bar
Cheesecake Bar	Banana Cream Pie	Wheat Dinner Roll Sweet Potato Pie	Macaroon Cookies	Vanilla On Chocolate Cake	CranApple Cobbler	

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Wallick Senior Living Fall/ Winter - Week 4 Service for 04/07/2025



Diet: Regular / Texture: Regular

Always Available: Milk, Coffee, Juice, Tea.

MONDAY APR 07	TUESDAY APR 08	WEDNESDAY APR 09	THURSDAY APR 10	FRIDAY APR 11	SATURDAY APR 12	SUNDAY APR 13
			BREAKFAST			
Oatmeal w/Raisins	Raisin Bran Cereal	Cream of Wheat with	h Corn Flakes	Cinnamon Oatmeal	Rice Crispy Cereal	Cream of Wheat
Country Omelet	Turkey Sausage	Blueberries	Fried Egg	Scrambled Egg	Cinnamon Streusel	Scrambled Egg
Fresh Grapes	Patty	Egg & Sausage Bake	Chilled Pears	Chilled Apple Slices	Coffeecake	Breakfast Ham
Dry Wheat Toast	Fresh Orange		Banana Bran Muffin	Dry Wheat Toast	Fresh Orange	Banana Half
	Wedges	Dry Wheat Toast			Wedges	English Muffin
	English Muffin					
			LUNCH			
Three Bean Soup	Baked Potato Soup	Corn Chowder	Hamburger Soup	Chicken Tortilla Sou	p Pasta Fagioli Soup	Meatball Soup
Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers
Chicken & Dumpling		Fish & Chips	Grilled Swiss Cheese	Beef Soft Taco	Egg Salad on	Tuna Mac Casserol
Parmesan Lima	Burger	Steak Fries	Sandwich	Spanish Rice	Croissant	Wax Beans & Red
Beans	Plain Potato Chips	Apple Coleslaw	Creamy Pasta Salad	Mixed Vegetables	Plain Potato Chips	Peppers
Wheat Dinner Roll	Beet & Onion Salad	Hawaiian Roll	Celery Sticks	Glazed Bananas	Corn Salad	Wheat Dinner Roll
Caramel Apple Slices	Peach Pinwheel	Applesauce Cookies	Ranch Dressing		Crispy Rice Bar	Oatmeal Raisin
			Fresh Fruit Salad			Cookie
			DINNER			
Popcorn Shrimp	Roasted Greek	Beef Pot Roast	Southern Fried	Spaghetti &	Breaded Pork Chop	Pancakes
French Fried	Chicken	Boiled Potatoes	Chicken	Meatballs	Macaroni & Cheese	Bacon Strips
Potatoes	Mediterranean Orzo	Sliced Dilled Carrots	Mashed Potatoes &	Asparagus	Pepper Medley	Mandarin Oranges
Sweet Dilled Peas	Seasoned Broccoli	Coconut Cream Pie	Poultry Gravy	Almondine Garlic Bread	Cornbread	Strawberry
Wheat Dinner Roll			Green Beans Oregano	Bread Pudding	Peanut Butter Pie	Cheesecake
Vanilla Ice Cream	Wheat Dinner Roll		Focaccia Herb Roll			
	Pudding Parfait		Pineapple Upside-			
			down Cake			

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Wallick Senior Living Fall/ Winter - Week 5 Service for 04/14/2025



Diet: Regular / Texture: Regular

Always Available: Milk, Coffee, Juice, Tea.

MONDAY APR 14	TUESDAY APR 15	WEDNESDAY APR 16	THURSDAY APR 17	FRIDAY APR 18	SATURDAY APR 19	SUNDAY APF 20
	·		BREAKFAST	,	,	
Cream of Wheat	Corn Flakes	Oatmeal	Rice Crispy Cereal	Raisin Cream of	Corn Flakes	Oatmeal
Apple Muffin	Pepper & Onion	Scrambled Egg &	Egg & Potato	Wheat	Fried Egg	Scrambled Egg
Turkey Sausage	Omelet	Cheese	Breakfast Wrap	Sausage Gravy	Bacon Strips	Fresh Orange
Patty	Banana Half	Home Fries	Banana Half	Biscuit	Fresh Grapes	Wedges
Fresh Orange	Dry Wheat Toast	Fresh Grapes			Dry White Toast	Cinnamon Toast
Wedges		Dry Wheat Toast				
			LUNCH			
/egetable Soup	Southwest Corn Soup	Lentil and Tomato	Italian Wedding Soup	Potato Cheddar Soup	Beef & Cabbage Soup	Chicken Noodle So
Saltine Crackers	Saltine Crackers	Soup	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers
BBQ Riblette	Cheeseburger	Saltine Crackers	Turkey Wrap	Sloppy Joe on Bun	Ham Salad on	Stuffed Bell Pepper
Garlic Parmesan	Dill Potato Salad	Ham & Swiss Melt	Creamy Pasta Salad	Tator Tots	Croissant	Italian Beets
French Fries	Green Goddess Salad	Plain Potato Chips	Carrot Sticks	Spinach Orange	Macaroni Salad	Wheat Dinner Roll
Sweet & Sour	w/Drsg	Celery Sticks	Ranch Dressing	Salad with Dressing	Creamy Cucumbers	Cranberry Peaches
Coleslaw	Cinnamon Pears	Ranch Dressing Chocolate Ice Cream	Wheat Dinner Roll	Banana Cream Pie	Cranberry Pineapple Gelatin	-
Wheat Dinner Roll			¹ 24 Hour Fruit Salad			
Peaches in Orange Sauce						
			DINNER			
Beef Stroganoff	Sweet & Sour Pork	Lemon Pepper Cod	Beef Burgundy	BBQ Pork Ribs	Beef Enchiladas	Cinnamon Swirl
Seasoned Egg	Fluffy Rice	Rice Pilaf	Mashed Potatoes	Macaroni & Cheese	Spanish Rice	French Toast
Noodles	Asian Vegetables	Cauliflower & Peas	Maple Dijon Brussels	Seasoned Broccoli	Mixed Vegetables	Bacon Strips
Green and Gold	Vegetable Egg Roll	Wheat Dinner Roll	Sprouts	Florets	Traditional Churro	Banana
Beans	Chocolate Mousse	Frosted Carrot Cake	Hawaiian Roll	Cornbread	Chocolate Glaze	Marbled Brownies
Wheat Dinner Roll			Frosted Pumpkin Bar	Blueberry Crumb Pie	<u> </u>	
Pear Crisp						

Wallick Senior Living Fall/ Winter - Week 6 Service for 04/21/2025



Diet: Regular / Texture: Regular

Always Available: Milk, Coffee, Juice, Tea.

MONDAY APR 21	TUESDAY APR 22	WEDNESDAY APR 23	THURSDAY APR 24	FRIDAY APR 25	SATURDAY APR 26	SUNDAY AP	
			BREAKFAST		·		
Cinnamon Oatmeal	Raisin Bran Cereal	Cream of Wheat	Corn Flakes	Oatmeal	Rice Crispy Cereal	Cream of Wheat	
Country Omelet	Egg Sausage Cheese	Scrambled Egg &	Egg & Sausage Bake	Scrambled Egg	Pancakes	Blueberry Muffin	
Fresh Grapes	Biscuit	Ham	Chilled Pears	Bacon Strips	Bacon Strips	Breakfast Ham	
Dry Wheat Toast	Fresh Orange	Home Fries	Banana Bread	Chilled Apple Slices	Fresh Orange Wedges	Banana Half	
	Wedges	Banana Half		Dry Wheat Toast			
		Dry Wheat Toast					
			LUNCH				
Wild Rice Cream	Baked Potato Soup	Chili Soup	Vegetable Soup	Broccoli Cheese Soup	Minestrone Soup	Cream of Chicken	
Soup	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Soup	
Saltine Crackers	Chicken Caesar Salad	Fried Shrimp	Chicken Sandwich	Reuben Sandwich	Grilled Ham &	Saltine Crackers	
Chicken Tenders	w/Dressing	Tator Tots	Plain Potato Chips	Waffle Fries	Cheese Sandwich	Beef & Cheese De	
Sweet Potato Waffle	Parmesan Breadstick	KHawaiian Coleslaw Hawaiian Roll	Carrot & Celery Sticks	Broccoli Slaw	Plain Potato Chips	Sandwich	
Fries	Peach Pie			Chocolate Cream Pie	Three Bean Salad	Lettuce Tomato	
Spinach Orange Salad with Dressing		Tropical Frı	p c	Ranch Dressing		Crispy Rice Bar	Onion Sweet Potato Frie
Wheat Dinner Roll		•	Pecan Pie			Spinach Salad	
						Pear & Lime Gelat	
Caramel Apple Slices						real & Lille Gelat	
			DINNER				
Meatloaf & Gravy	Country Fried Steak	Chicken Noodle	Baked Glazed Ham	Herb Roasted	Cranberry Pork Loin	Sausage Gravy	
Mashed Potatoes	Country Gravy	Casserole	Roasted Maple Swee	_t Salmon	Parslied Potatoes	Biscuit	
Sweet Dilled Peas	Mashed Sweet	Peas & Onions	Potatoes	Roasted Red	Seasoned Green	Scrambled Egg	
Wheat Dinner Roll	Potatoes	Wheat Dinner Roll	Baked Winter Squash	Pocific Plans	Beans	Banana	
Vanilla Ice Cream	Seasoned Broccoli Florets		Wheat Roll Pineapple Upside- down Cake	Pacific Blend Vegetables	Cornbread Boston Cream Pie	Cherry Pie	
	Wheat Dinner Roll			Wheat Dinner Roll			
	Pudding Parfait			Bread Pudding			