

final thoughts...
Irish Blessing



*May your pockets be heavy and your heart
be light.*

*May good luck pursue you each day and
night*

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OAKLEAF VILLAGE
of TOLEDO



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March 2025

the Acorn

A newsletter for friends and residents of Oakleaf Village

The proverb goes, "March comes in like a lion and out like a lamb". I am not sure what this year will bring, but I do know Daylight Savings Time ends on Sunday March 9th. That means before you go to bed on Saturday, spring your clocks ahead one hour. If you need help doing so, please ask a staff member to assist you.

Let's start March off on the right foot, and join an exercise class. We have chair exercises with weights on Mondays, TCT gives you a work out on Wednesdays and the activity team gives you full body, chair exercise routine on Thursday, Fridays and Saturdays. Start your day off by moving and grooving.

March is the luck of the Irish month. We will enjoy St. Patrick's Day crafts, minty snacks and green beer. Be sure to get an Irish sweepstakes ticket at the front desk on March 17th. Tickets are 1 for

\$1 or 6 for \$5. At 5pm we will split the money and draw two winners.

Spring begins in the month of March! Adrienne will have a spring butterfly craft, we will have a spring sing a long and we will start the first

**In A World You Can
Be Anything
Be Kind**

BY: CLARE POOLEY

day of spring with a "Spring Swing". It is also time for opening day at the major league baseball fields. If you would like to see a game on the big screen in the TV Lounge, just let them know at the front desk and we can turn it on for you.

Do you have a game you want to play, a restaurant you want to go to, or a type of music you would like to listen

to? If so, we have an activity suggestion jar located in the multi-purpose room by the bins we collect items to donate. We want to hear what things you want to do, this is your home! Life isn't over when you move to Oakleaf, it has just begun in so many ways. Oakleaf is a place to meet a new friend, or run into an old one. A place to laugh with each other, play games and enjoy our beautiful out doors. It is a place to worship together, in what ever religion you practice, and share stories. It is a place to lean on each other because you know the people around you are going through the same challenges in life, and they understand. This is your home, a place to feel safe and know you are a part of a bigger family. So be sure to let us know what can make Oakleaf even better by leaving a suggestion in the suggestion box! As always, try something new this month and meet a new friend!

A Note from Heather Evans Assistant Executive Director

'At the end of the day, the goals are simple: safety and security.' – Jodi Rell

Pom-Pom Door Hanger System

Have you ever wondered what the fluffy balls of yarn on the apartment doors are? These are part of our 'Pom-Pom System,' that helps to let staff know that each resident is okay every day. Each resident should have a Pom-Pom for their apartment door.

If you do not have a Pom-Pom, please see the activities director or leave a message at the front desk with the receptionist.

How it works:

Every evening, when you retire/go to bed, you should hang your Pom-Pom on the outside of your apartment doorknob.

In the morning when you wake up, you should bring your Pom-Pom back inside the apartment and hang it on the inside of your apartment doorknob (or any other safe place).

If after 11:00AM your Pom-Pom is still hanging outside of your doorknob, a staff member will knock on your door to check on you.

If there is no response, a staff member will knock, announce themselves, and enter your apartment to ascertain your presence and safety.

If you are on care services, a staff member will help assist you with proper placement of your Pom-Pom.



IMPORTANT CONTACTS & PHONE NUMBERS

Diane Doneghy	Executive Director
Heather Evans	Assistant Executive Director
Crys Daunhauer	Business Office Manager
Virginia Marshall	Executive Chef
Roland Duran	Senior Living Advisor/Marketing
Alison Maas	Activity Director
John McAuliffe	Maintenance Director
Erinn Patterson	Senior Living Advisor/Marketing
Danielle Ballesteros	Grove Program Director
Oakleaf Village:	419-885-3934
The Grove:	419-464-9123

WHAT'S HAPPENING...

Tuesday, March 4th—Mardi Gras Games, Drinks & Fun

Wednesday, March 5th—Ashes

Thursday, March 6th—Thumb Print Shamrock Craft

Friday, March 7th—Meet New Friends & Residents

Sunday, March 9th—Spring Your Clocks Ahead 1 Hour

Tuesday, March 11th—Cindy Slee Spiritual Production

Tuesday, March 11th—Make Shamrock Head Bands

Thursday, March 13th—Human Slot Machine

Friday, March 14th—Mini Apple Pies

Monday, March 17th—Green Beer & Leprechaun Juice

Tuesday, March 18th—Mint Chocolate Chip Ice Cream

Tuesday, March 25th—March Birthday Party

Thursday, March 27th—TCT Dementia Prevention Talk

Thursday, March 27th—Soak & Lotion Feet

Friday, March 28th—Penny Poker

Saturday, March 29th—Coco-Cola Floats

Welcome to Oakleaf Village!

#200 Lorri

Go to:
www.oakleafvillage.com

Click on **Community Updates** to see our monthly Acorn including menu's, activities & more
Click on **Resident Portal** to pay your bill and make work orders.

TCT (Total Health Care) Therapy

TCT will be leading our exercise group every Wednesday.

If you are interested in getting Physical, Occupational or speech Therapy, please call them at 419-388-8076 or tell your Oakleaf Nurse.

Wellness Clinic

If you would like to have a nurse come to your apartment, and check your vitals, please sign up at the bar, located in the lobby, by the Tuesday night before. A nurse will they pay you a visit on Wednesday for your Wellness Check.

Beauty Shop

Irena is giving a 20% discount for your birthday
Call Irena at 419-206-1508 to set up an appointment! Or stop by her Shop on the 1st Floor

Please Return:

Any grocery cart or wheelchair you may have that belongs to Oakleaf.

Any dishes/silverware/cups you may have that belong to Oakleaf.



HAPPY BIRTHDAY!

- 3-2 Rebecca Shingledecker Resident
- 3-3 Beatrice Johnson Resident
- 3-10 Brenda Kelly Personal Care
- 3-12 Phil Podlish Resident
- 3-14 Tara Nemr Personal Care
- 3-16 Kiara Smith Server
- 3-20 Sharon Trainor Resident
- 3-20 Suzanne Lutman Resident
- 3-22 Melissa Lucien Personal Care
- 3-26 Stan Sagan Resident
- 3-28 Fran Gallagher Resident
- 3-30 Mitra Ziakam Nurse

Did you know we collect Pop Tabs for the Ronald McDonald House, Old Medicine Bottles and Used Stamps for Westgate Chapel and Used Eye Glasses and Magnifiers for the Sight Center?

If you wish to donate, please bring them to the multi-purpose room and put in the designated bins.

**Thank You Walker
for donating our
birthday cakes!**